



Speaker: Dr. Kenn Barron

Title: Achieving Meauxmentum through Learning Mindset Interventions

Audience: Faculty

Topic: Cultivating Learning Mindsets in Catapult Courses, Milestone Achievements, and Curricular Engagement

Summit track: Faculty Learning

Objectives:

- Train faculty on learning mindset interventions that encourage persistence, especially for students facing academic milestones.
- Develop interventions that help students reframe setbacks and build resilience in challenging courses.
- Evaluate the impact of mindset-focused teaching in high-stakes courses and on student milestone completion rates.

Session Description

Whether you're new to learning mindset interventions or looking to deepen your existing practice, this interactive workshop will help you expand your knowledge and apply it in meaningful ways to your courses and curriculum.

Together, we'll explore a variety of evidence-based interventions, experience them firsthand, and discuss how they can be adapted to fit your teaching context. For example, we'll talk about 1st day of class interventions, active learning strategies you can use throughout the semester, assignment and exam routines, along with step-by-step planning tips.

You'll leave with ready-to-use strategies, practical tools, and access to additional resources to support your ongoing work.

We'll also explore how to integrate learning mindset interventions into a single course or across a curriculum and how to assess their impact on student motivation and success.

Speaker Bio

Kenn Barron is a Professor of Psychology and Director of the Motivation Research Institute at James Madison University, and a Faculty Fellow at Motivate Lab. His research focuses on student motivation and the scholarship of teaching and learning, with work published in journals such as the *Journal of Educational Psychology*, *Contemporary Educational Psychology*, and *Teaching of Psychology*. With over 25 years in higher education, Kenn is committed to bridging motivational theory and educational practice by offering practical strategies to enhance instruction and promote student success. His contributions have been recognized with numerous awards for research, teaching, advising, and service, including being named one of *The Princeton Review's* Top 300 Professors in America.



Handouts

During this session, we will use or offer electronic access to the handouts in [this google folder](#), which include

- 1) Mindset GPS definitions and how instructors can promote them
- 2) 4 steps to building a growth mindset classroom
- 3) Supporting GPS on the first day of class
- 4) Active learning mindset strategies to support GPS
- 5) Assignment routines to support GPS
- 6) Study and exam routines to support GPS
- 7) Growth mindset messaging intervention
- 8) Growth mindset writing intervention
- 9) Purpose and relevance writing intervention
- 10) Sense of belonging intervention